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Full cooked breakfast £9.95

Dry-cured Cumbrian back bacon, our butchers' Cumberland sausage, Doreen's Black Pudding, local free-range egg, grilled flat mushroom, slow-roasted tomato, our house ketchup and sourdough toast

Avocado on toast (Ve) £6.50

Smashed avocado on More? Bakery Jewish rye sourdough toast. Add:

- Two poached free-range eggs (V) £7.50
- Two poached eggs and dry-cured Cumbrian streaky bacon £8.50
- Two poached eggs and hot-smoked salmon £9

Porridge (Ve) £4.50

Oat-milk porridge made with organic oats from The Watermill at Little Salkeld. Served with crushed pistachios and Wild & Fruitful redcurrant & cranberry compote

Drop pancakes

Choose your topping

- Hesper Farm skyr, smoked Cumbrian streaky bacon and Lowther Estate honey £7.50
- Butterscotch sauce and toasted walnuts (V) £7.25
- Hesper Farm skyr and Wild & Fruitful cranberry & redcurrant compote (V) £7.25

Bacon and egg sandwich £5.50

More? Bakery Jewish Rye sourdough with dry-cured Cumbrian back bacon and fried free-range egg



From our juice bar

Butternut, pear & carrot £3.75

Carrot, apple & ginger £3.75

Beetroot, apple & lemon £3.75

Freshly juiced orange £3.00

Smoked haddock kedgeree £9.95

Naturally smoked haddock from Brown & Forrest flaked through curried basmati rice with toasted flaked almonds

White bean, tomato and red pepper hash

Topped with crispy diced potatoes.

Choose from:

- Baked avocado (Ve) £8.50
- Cumbrian ham hock and a local free range fried egg £8.95

Toast & preserves (V) £3.00

More? Bakery sourdough toast and Claire's Handmade preserves

Granola (V) £4.25

Oat granola made by us, served with Hesper Farm skyr, crushed pistachios and Wild & Fruitful redcurrant & cranberry compote

Fruit Plate (Ve) £4.25

Freshly prepared by our chefs

If you have any dietary requirements or questions about allergens in our food, please speak to a member of our team.



Pizza

Fired in our pizza oven. We make our fresh dough with only flour, salt, yeast and water, proving it overnight to develop its flavour.

Slow-roasted tomato, buffalo mozzarella, Parmesan and rocket (V) **£9.50**

Capreolus English salami, roasted red pepper, buffalo mozzarella, shaved fennel and rocket **£12.00**

Capreolus English chorizo, roasted red pepper, manchego, buffalo mozzarella, capers and rocket **£12.00**

Lightly spiced butternut squash, beetroot and rocket (Ve) **£9.50**

• Add Leagram Organic Dairy goats' curd **£1.50** (V)

Flatbread, brushed with roasted garlic butter and sprinkled with parsley (V) **£7.00**

Sandwiches

On sourdough bread from More? The Artisan Bakery in Staveley, 22 miles from here.

British ham, Mrs Kirkham's Lancashire cheese and Hawkshead Relish Westmorland Chutney on white sourdough **£6.50**

Hot-smoked salmon, horseradish mayonnaise, capers and fennel on brown granary sourdough **£6.50**

Appleby Creamery Eden Valley Brie, sliced pear and sticky fig relish on white sourdough (V) **£6.50**

Free-range chicken, Cumbrian smoked streaky bacon, avocado and cherry tomatoes served hot on toasted sourdough **£9.00**

Sides

Mixed salads (Ve) **£4.25**
Mixed leaves, fennel & capers; pickled red cabbage & beetroot

Warm Scotch egg **£4.95**
Soft-yolked Happy Belly Cumberland Scotch egg with Hawkshead Relish Fruity Brown Sauce

Cauliflower bites (Ve) **£4.95**
Deep fried florets served with Mr Vikkis Hot Coriander Sauce

From the Kitchen

Seasonal soup (V) **£5.25**

Served with More? Bakery white sourdough or a freshly baked cheese scone (+ **£0.25**). Please ask one of our colleagues about today's flavour

Roast red pepper & lentil pie (Ve) **£9.00**

Topped with mashed potato and served with roasted roots

Cumberland sausage hotdog **£10.00**

Our butchers' handmade sausage, caramelised onions and Hawkshead Relish damson chutney in a More? Bakery sourdough milk finger roll. Served with chips

Beef burger **£10.50**

Our hand-pressed burger with our house ketchup, Ogleshead cheese and pickles on a More? Bakery brioche roll. Served with chips

Seasonal frittata (V) **£8.50**

Free-range eggs, spiced butternut squash, kale, goats' cheese and toasted almonds. Served with mixed green salad and pickled red cabbage & beetroot salad

Black Dub Blue salad (V) **£9.00**

Appleby Creamery Black Dub Blue cheese, pickled red cabbage, toasted walnuts and mixed leaves with a lemon vinaigrette

Antipasti plate **£9.75**

Porcus free-range air-dried ham, pheasant and venison salamis from Shaw Meats, glazed Thornby Moor Dairy goats' cheese stumpy, Precious Pea houmous, Swallow Barn olives, dough sticks from our pizza oven and our red pepper chutney

Vegetarian antipasti plate (V) **£9.75**

Onion bhaji from The Parsnipship, Jacob's Finest vegan falafels, glazed Thornby Moor Dairy goats' cheese stumpy, Precious Pea houmous, Swallow Barn olives, dough sticks from our pizza oven and our red pepper chutney

Dough sticks (V) **£4.75**

From our pizza oven, served with a selection of dips

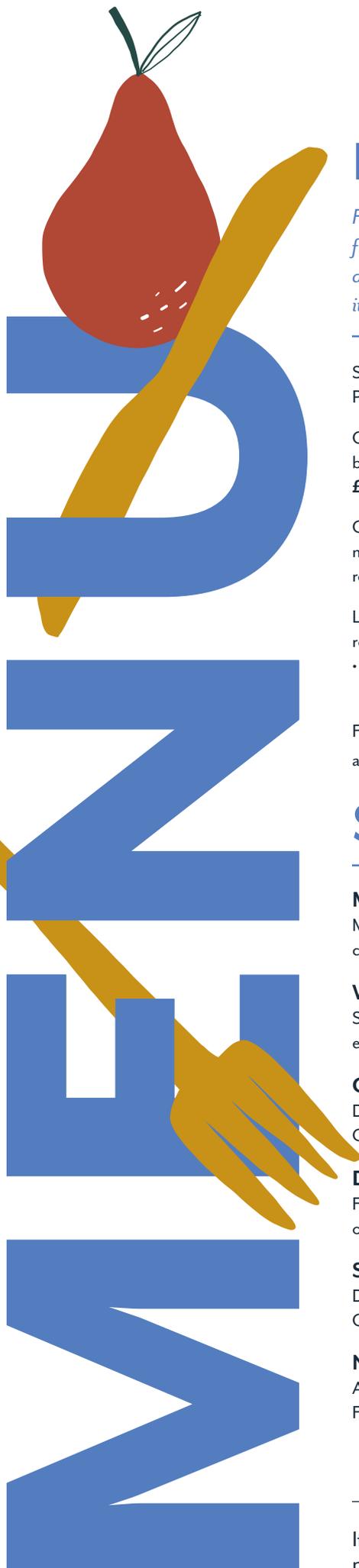
Sea salt & herb potatoes (V) **£3.95**

Double cooked and served with Cotswold Gold Garlic Mayonnaise

Nuts and olives (Ve) **£3.95**

A selection from Swallow Barn Olives and Mr Filbert's

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- Add Leagram Organic Dairy goats' curd **£1.50 (V)**

Flatbread, brushed with roasted garlic butter and sprinkled with parsley (V) **£7.00**

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Mixed leaves, fennel & capers; pickled red cabbage & beetroot

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Cauliflower bites (Ve) £4.95

Deep fried florets served with Mr Vikkis Hot Coriander Sauce

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From the Kitchen

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Hot

Our coffee and loose-leaf teas come from Carvetii Coffee Roasters in Threlkeld.

Coffee

Cappuccino	£2.75	£3.00
Latte	£2.75	£3.00
Americano	£2.50	£2.75
Espresso	£2.10	
Flat white	£2.75	

Tea

English Breakfast, Earl Grey with Cornflower, Yunnan Green, Ceylon Decaf, Mixed Berry, Rooibos, Peppermint	£2.40	
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Cold

Hullabaloo

Still Lemonade	£2.50	
The Citrus One	£2.50	
Elderflower Pressé	£2.50	

LA Brewery Kombucha

Strawberry & Black Pepper	£3.80	
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Square Root

Apple Soda	£2.60	
Blackcurrant Soda	£2.60	

Karma Cola

Sugar free	£2.50	
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Fresh orange

Freshly juiced by us	£3.00	
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Bottled spring water

Still	£2.95	
Sparkling	£2.95	

Locally made

Queen Fryer's sodas

Created using hand-pressed juices by Ben Queen-Fryer, chef-owner at The Dog and Gun Inn in Skelton, near Penrith.

Currant Cola	£2.60	
Grapefruit Soda	£2.60	

Eva's Organics

Organic apples grown in a nature-friendly orchard near Carlisle, hand picked, hand peeled and hand pressed.

Apple Juice	£1.95	
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Zingi Bear Ginger Switchel

Refreshing sparkler created in the Lake District using apple cider vinegar, ginger root, lemon and honey.

Wines

All our wine is organic.

White | 175ml £4.70 250ml £5.75 bottle £15.95

Adobe Sauvignon Blanc | Chile | ABV 12%
Crisp and bursting with gooseberry and lemon
Hoopoe Chardonnay Grillo | Sicily | ABV 13%
Fresh acidity and pronounced aromas
Mont'Albano Pinot Grigio | Italy | ABV 12%
Pear and summer fruits uplifted by vibrant citrus

Red | 175ml £4.70 250ml £5.75 bottle £15.95

Stellar Organics Merlot | South Africa | ABV 13.5%
Super soft with a plummy nose & no added sulphur
Rebel.Lia Tempranillo | Spain | ABV 13.5%
Fruity; hints of smoke, dark chocolate & berries
Adobe Malbec | Chile | ABV 13.5%
Aromatic & complex; leaves a lasting impression

Rosé | 175ml £4.70 250ml £5.75 bottle £15.95

Wild Thing | Spain | ABV 12.5%
Dry and summery with red fruit on the finish

Prosecco | glass £4.25 bottle £16.95

Giol Prosecco | Italy | ABV 11%
Refreshing citrus wrapped up in a gentle spritz

Beers

From Eden River Brew Co, Penrith

Ruby Red Christmas Ale £4.75
Jye Pilsner £3.75
Emperor English IPA £4.75
Fuggles Classic English Blonde Ale £4.75
Tebay Blonde £4.75
Tebay Best £4.75

Cocktails

Featuring spirits from The Lakes Distillery, 25 miles from here

Lakes G&T £5.95

The Lakes Gin with Fever-Tree Mediterranean tonic and a slice of pink grapefruit

Lakes Pink G&T £5.95

The Lakes Pink Grapefruit Gin with Fever-Tree Mediterranean tonic and a slice of lemon

Lakes Vodka Highball £6.75

The Lakes Vodka with Fever-Tree lemon tonic with a slice of lime

R&R £7.50

Prosecco, The Lakes Rhubarb & Rosehip gin liqueur and soda water, with raspberries and lemon peel

Cakes and biscuits

baked by us

Warm cherry and pistachio frangipane tart with clotted cream
£3.50

Warm mince pie with clotted cream
£2.75

Orange and yoghurt cake with rosemary and mascarpone cream £3.25

Chocolate stout cake £3.25

Blackberry muffin with Wild & Fruitful lemon curd £2.75

Orange and almond friand £2.50

Dark chocolate and sea-salt cookie
£2.50

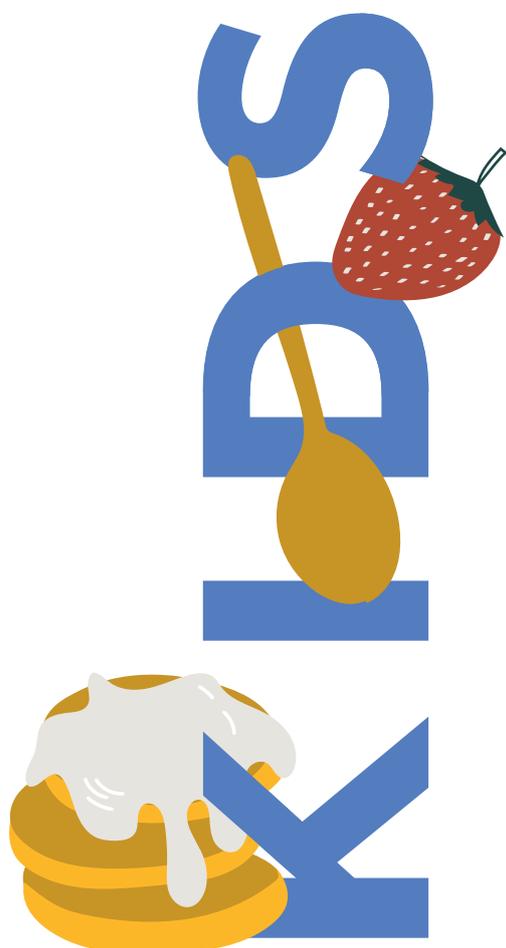
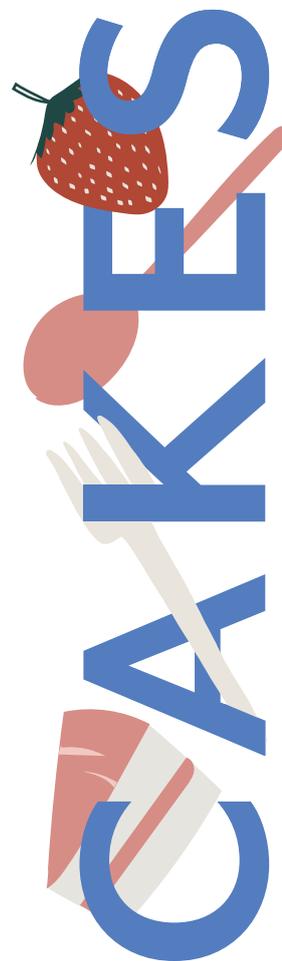
Roasted white chocolate and oat slice
£2.50

Fresh lemon slice £2.50

Jammy dodger filled with Claire's Handmade jam £2.50

Fruit scone with butter and Claire's Handmade jam £2.75
(add clotted cream +£0.50)

Cheese and toasted seed scone with butter £2.75



Breakfast *8am till 12pm*

Scrambled eggs (V) £4.50
Free-range eggs on white sourdough toast

Bacon sandwich £4.50
Dry-cured Cumbrian bacon on white sourdough with our house ketchup

Porridge (Ve) £3.50
Oat-milk porridge with either:
• Jim Lowther's Lake District Honey (V)
• Claire's Handmade raspberry jam

Sticky toffee pancakes (V) £4.50
Drop pancakes with our sticky toffee sauce

Drinks

Bensons Joosed Fruity Water

Apple £1.55
Apple & Orange £1.55
Apple & Blackcurrant £1.55



Lunch *from 12pm*

Margherita pizza (V) £5.50
From our pizza oven with slow-roasted tomato and buffalo mozzarella

Chorizo pizza £6.00
From our pizza oven with Capreolus English chorizo, roasted red pepper and buffalo mozzarella

Filled Roll £4.00
More? Bakery sourdough milk roll filled with your choice of either:
• British Ham
• Mrs Kirkham's Lancashire cheese (V)
• Free-range chicken and Cotswold Gold mayonnaise

Cumberland hotdog £6.50
Our butchers' Cumberland sausage on a More? Bakery sourdough milk finger roll with our house ketchup and chips

Beef burger £6.50
Our hand-pressed burger on a More? Bakery sourdough milk roll with our house ketchup and chips

Dough sticks and nibbles (V) £4.00
Dough sticks with houmous, carrot sticks, cucumber and cherry tomatoes