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## Full cooked breakfast £9.95

Dry-cured Cumbrian back bacon, our butchers' Cumberland sausage, Doreen's Black Pudding, local free-range egg, grilled flat mushroom, slow-roasted tomato, our house ketchup and sourdough toast

## Avocado on toast (Ve) £6.50

Smashed avocado on More? Bakery Jewish rye sourdough toast. Add:

- Two poached free-range eggs (V) £7.50
- Two poached eggs and dry-cured Cumbrian streaky bacon £8.50
- Two poached eggs and hot-smoked salmon £9

## Porridge (Ve) £4.50

Made with organic oats from The Watermill at Little Salkeld and oat milk. Served with crushed pistachios and Wild & Fruitful strawberry compote

## Drop pancakes

Choose your topping

- Hesper Farm skyr, smoked Cumbrian streaky bacon and Lowther Estate honey £7.50
- Butterscotch sauce and toasted hazelnuts (V) £7.25
- Hesper Farm skyr, granola and Wild & Fruitful strawberry compote (V) £7.25

## Bacon and egg sandwich £5.50

More? Bakery Jewish Rye sourdough with dry-cured Cumbrian back bacon and fried free-range egg



## From our juice bar

Strawberry, raspberry & grape (GF) £3.75

Carrot, apple & ginger (GF) £3.75

Beetroot, apple & lemon (GF) £3.75

Freshly juiced orange (GF) £3.00

### Eva's Organics

*Organic apples grown in a nature-friendly orchard near Carlisle, hand picked, hand peeled and hand pressed.*

Apple juice £1.95

## Smoked haddock kedgeree (GF) £9.95

Naturally smoked haddock from Brown & Forrest flaked through curried basmati rice with toasted flaked almonds

## White bean, tomato and red pepper hash

Topped with crispy diced potatoes.

Choose from:

- Baked avocado (Ve, GF) £8.50
- Cumbrian ham hock and a local free range fried egg (GF) £8.95

## Toast & preserves (V) £3.00

More? Bakery sourdough toast and Claire's Handmade preserves

## Granola (V) £4.25

Oat granola made by us, served with Hesper Farm skyr, crushed pistachios and Wild & Fruitful strawberry compote

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If you have any dietary requirements or questions about allergens in our food, please speak to a member of our team.



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## Cold

Iced latte **£3.00**

Iced Americano **£2.75**

### Hullabaloos

Still lemonade **£2.50**

The Citrus One **£2.50**

Elderflower pressé **£2.50**

### LA Brewery Kombucha

Strawberry & black pepper **£3.80**

### Square Root

Raspberry soda **£2.60**

Rhubarb soda **£2.60**

### Karma Cola

Sugar free **£2.50**

Cola **£2.50**

### Bottled spring water

Still **£2.95**

Sparkling **£2.95**

## Locally made

### Queen Fryer's sodas

*Created using hand-pressed juices by Ben Queen-Fryer, chef-owner at The Dog and Gun Inn in Skelton, near Penrith.*

Currant Cola **£2.60**

Grapefruit Soda **£2.60**

### Eva's Organics

*Organic apples grown in a nature-friendly orchard near Carlisle, hand picked, hand peeled and hand pressed.*

Apple juice **£1.95**

Zingi Bear Ginger Switchel **£3.00**

*Refreshing sparkler created in the Lake District using apple cider vinegar, ginger root, lemon and honey.*

## Hot

*Our coffee and loose-leaf teas come from Carvetii Coffee Roasters in Threlkeld.*

### Coffee *decaf available*

Cappuccino **£2.75** **£3.00**

Latte **£2.75** **£3.00**

Americano **£2.50** **£2.75**

Espresso **£2.10**

Flat white **£2.75**

**Hot chocolate** **£2.75** **£3.00**

*Milk or dark chocolate*

**Tea** **£2.40**

English Breakfast, Earl Grey with Cornflower,

Yunnan Green, Ceylon Decaf, Mixed Berry,

Rooibos, Peppermint



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Freshly juiced orange **£3.00**